

Supplementary table: Pivotal animal studies that delineated mechanisms of carcinoid heart disease.

Study	Animal model/study design	No.	Intervention/ Methods	Outcomes
Gustafsson et al ¹³ .	Sprague-Dawley rats	48	Long term administration of subcutaneous serotonin daily for 3 months while controls were injected with saline	<ol style="list-style-type: none"> 1. Hyperserotonemia and carcinoid syndrome developed in rats. 2. After 3 months, 6/10 rats had pathological and echocardiographic evidence of CHD 3. Normal aortic cusps of rats expressed mRNA for serotonin receptors 5-HT_{1A}, 5-HT_{2A}, 5-HT_{2B} and serotonin transporter 5-HTT indicating the direct role of serotonin in pathogenesis

				<p>4. Histology of affected valves showed carcinoid plaque like deposits, shortened, and thickened aortic cusps</p>
<p>Mekonsto-Dessap et al¹⁴.</p>	<p>Mice</p>	<p>11</p>	<p>Mice lacking 5-HTT and 5-HT_{1B} were generated by homologous recombination on a mixed genetic background.</p>	<p>1. Mice lacking 5-HTT developed marked interstitial, valvular and perivascular fibrosis in both ventricles.</p> <p>2. However, Mice lacking 5-HT_{1B} receptors were no different to mice deficient in both 5-HTT and 5-HT_{1B}. Hence contribution of -HT_{1B} receptors in valvulopathy has been ruled out</p>

				<p>3. Echocardiogram and hemodynamics showed left ventricle (LV) dilation and decrease in LV diameter fractional shortening in 5-HTT knockout mice</p>
Lancellotti et al ¹⁵ .	White Rabbits	10	<p>Long term oral serotonin was administered to 5 rabbits via drinking water for 16 weeks and 5 rabbits received placebo</p>	<p>1. Sustained hyperserotonemia was seen in experimental group</p> <p>2. Moderate-severe tricuspid regurgitation (TR) developed in all serotonin treated rabbits compared to none in placebo group</p> <p>3. Histological examination of experimental group showed chondroid metaplasia, carcinoid</p>

				<p>like plaques and thickened valvular leaflets.</p> <p>4. Thus, demonstrating long term oral administration of serotonin can cause valvular heart disease in rabbits.</p>
Droogmans et al ¹⁶ .	Male Wistar rats	30	<p>8 rats were injected with serotonin(20mg/kg) subcutaneously, 8 rats with pergolide(5mg/kg) intraperitoneally and 14 rats with vehicle only for 5 months</p>	<p>At 20 weeks</p> <p>Echocardiography showed:</p> <ol style="list-style-type: none"> 1. Aortic regurgitation (AR) is more evident in serotonin (86%, P=0.0001) and in pergolide (67%, P=0.003) compared to none in placebo. 2. Mitral regurgitation (MR) is more evident in serotonin (57%, P=0.006) and in pergolide (67%,

				<p>P:0.003) compared to none in placebo.</p> <p>3. Pulmonary regurgitation (PR) and tricuspid regurgitation are seen both in experimental and placebo groups. However, tricuspid regurgitant area ratio was more severe in serotonin (median 26.5%; P=0.02) and pergolide animals (32%; P=0.03) compared to placebo.</p>
Janssen et al ¹⁷ .	Adult male C57BL/6J Mice	30	7 days after pulmonary artery banding (PAB), mice were treated with 14 days of 5-HT receptor antagonist (Terguride or SB204741)	<p>1. Prolonged treatment with 5-HT receptor antagonists reduced right ventricular (RV) fibrosis and improved hemodynamics in a</p>

				<p>mouse model of pressure overload.</p> <p>2. 5-HT_{2B} receptor antagonists remarkably decreased collagen synthesis in RV cardiac fibroblasts, thus providing a novel therapeutic approach for heart failure.</p>
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